# AMBERTON UNIVERSITY SYLLABUS FOR LECTURE/CLASSROOM COURSE

**CSL6780.01 Professional Counseling Orientation** 

Fall 2024

**Location: Garland** 

**PROFESSOR INFORMATION:** 

Name: Dr. La'Boris Cole, PhD, LPC, NCC

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**COURSE INFORMATION:** 

CSL6780.01 Professional Counseling

Level: Graduate

Beginning Date of Session: Saturday, September 14, 2024 Ending Date of Session: Saturday, November 21, 2024

The first class meeting is Tuesday, September 17, 2024, in Room #16 Garland

All Monday-Thursday lecture classes begin promptly at 6:30 p.m.

All Saturday lecture classes begin promptly at 8:30 a.m.

## **COURSE PREREQUISITES:**

None

**TEXTBOOK(S) AND REQUIRED MATERIALS:** 

Title: The World of the Counselor: An Introduction to the Counseling Profession

Author: Edward Neukrug Publisher: Cenage Year Published: 2022

Edition: 6th ISBN: 13: 978-1-7935-4497-1

Price: Available at http://amberton.ecampus.com

Amberton University has an agreement with eCampus.com to provide a full-service online bookstore to students. The Amberton University Virtual Bookstore is accessible through the University's website, www.Amberton.edu. There is also a bookstore link in the Student Portal.

The AU Virtual Bookstore provides an easy to use interface, online buyback of books, and same day shipment of most titles with an average delivery time of 2-3 days depending on the student's location. Textbook options include new, used, rental, and electronic media as available.

Since no books are sold on campus, students should plan accordingly and purchase their books in advance of the first day of class, allowing time for shipping. Be certain <u>you are enrolled</u> in the course before purchasing your book(s). All textbook information (Title, Author, ISBN, etc.) is available in course syllabi so students can shop competitively. Most textbooks can be purchased from many different textbook vendors. Some textbooks may only be available on the University's Virtual Bookstore. Students should be careful to obtain the exact resource(s) required for the course.

# LINKS TO COUNSELING HANDBOOKS

MA in Professional Counseling

https://amberton.edu/wp-content/uploads/2023/06/LPC Handbook 2023 2024.pdf

MA in Marriage and Family Therapy

## https://amberton.edu/wp-content/uploads/2023/06/MFT Handbook 2023 2024.pdf

## MA in School Counseling

https://amberton.edu/wp-content/uploads/2024/06/24-25-School-Counsellng-Handbook-6-1-24.pdf

# **APA Requirement**

APA (American Psychological Association) style is most commonly used to cite sources within the social sciences. This resource, revised according to the 7<sup>th</sup> edition, offers examples for the general format of APA research papers, in-text citations, endnotes/footnotes, and the reference page. For more information, please consult the *Publication Manual of the American Psychological Association*, (7<sup>th</sup> ed.). All coursework at Amberton University will comply with the standards contained in the APA Publication Manual.

# **COURSE COMPETENCIES:**

The following represents the course competencies for this class. Competencies are equivalent for all lecture and distance learning courses. Following each competency is the assignment used to gain mastery of this area of study.

The course presents an introduction and overview of the counseling profession. A variety of areas are explored including professional orientation, the helping relationship, theories and skills, systems theory, group work, consultation and supervision, lifespan development, abnormal development, diagnosis, career development, research and appraisal, agency counseling, and school counseling. Multicultural aspects of counseling are stressed as well as ethical, professional, and legal issues. Emphasis will be placed on student development of personal philosophy of counseling and theoretical orientation.

# UPON COMPLETION OF THE COURSE, THE STUDENT WILL BE COMPETENT IN:

- 1. Discussing the historical development of the counseling profession.
- 2. Examining the contributions of each theory of counseling.
- 3. Identifying issues and trends in the field of counseling.
- 4. Understanding personality development from a lifespan perspective.
- 5. Demonstrating an awareness of personal motivation and goals for entering the counseling profession.
- 6. Interpreting graduate level research studies.
- 7. Using APA standards effectively with all course assignments.
- 8. Describing and analyzing the ethical, professional, and legal issues in the counseling profession.
- 9. Defining the roles and functions of school, agency, and mental health counselors.
- 10. Distinguishing between counseling, guidance, and psychotherapy.
- 11. Analyzing the contemporary models of counseling assessment.
- 12. Examining the history of career development and vocational guidance.
- 13. Identifying the major theoretical frameworks for group work.
- 14. Understanding abnormal psychology reflective of the DSM-V.
- 15. Explaining the historical trends and major theories associated with marriage and family therapy.
- 16. Defining consultation and supervision as related to the counseling profession.
- 17. Evaluating the aspects of counseling from a multicultural perspective.
- 18. Understanding the referral/advocacy/triage related to the counseling profession.
- 19. Defining and understanding crisis intervention in the helping professions.
- 20. Examining the differences between crisis and psychotherapy.
- 21. Developing personal philosophy of counseling.

Beginning in the Fall 2023 session, students who are enrolled in the Professional Counseling degree program must successfully pass the Counselor Preparation Comprehensive Examination (CPCE) practice exam before registering for CSL6839 Pre-Practicum. Detailed information about the exam and program requirements can be found in the LPC Handbook as well as the information page on our website: CPCE Information Page

Beginning in the Fall 2023 session, students who are enrolled in the Marriage & Family Therapy degree program must successfully pass the American Association of Marriage & Family Therapy Regulatory Board practice exam (AMFTRB) before registering for CSL6839 Pre-Practicum. Detailed

information about the exam and program requirements can be found in the MFT Handbook as well as the information page on our website: AMFTRB Information Page

## **COURSE POLICIES:**

# Student's Responsibilities

This syllabus contains information, policies, and procedures for a specific course. By enrolling, the student agrees to read, understand, and abide by the policies, rules, regulations, and ethical standards of Amberton University as contained in the current university catalog and schedule of classes.

## Attendance Policy:

Regular and punctual class attendance and engagement is expected at Amberton University. In case of an absence, it is the student's responsibility to contact the professor as soon as possible. If a student intends on withdrawing from a course, it is the student's responsibility to follow the university's policy on formally withdrawing from a course. **Ceasing to attend classes does not constitute an official withdrawal.** 

Attendance in a lecture course is defined as punctual arrival to, and engagement in, a full lecture session. A Student in a lecture course missing more than 20% (two class periods for weekday classes or one class period for Saturday classes) of the class meetings may be assigned a grade of an "F" or withdrawn at the discretion of Amberton University.

Attendance in a distance learning course is defined as active participation in the weekly online class sessions. "Active participation" can be defined as: submitting an academic assignment, taking an exam, engaging in an interactive tutorial, participating in an online discussion forum (or chat session), or initiating (or responding to) a communication with a faculty member about an academic assignment or the subject matter of the course. A student not meeting these requirements may be assigned a grade of an "F" or withdrawn at the discretion of Amberton University.

## **Plagiarism Policy**

Plagiarism is the presentation of someone else's work as though it were your own. If you use another person's words, ideas, or information; or if you use material from an outside source – whether a book, magazine, newspaper, business publication, broadcast, speech, or electronic media – you must acknowledge that source. Plagiarism is a violation of the University's code of student ethical conduct and is one that is taken seriously. Amberton University operates on an honor system; therefore, honesty and integrity are essential characteristics of all who are associated with the institution. All Amberton students are expected to abide by the honor system and maintain academic integrity in all their work. Amberton University and its instructors monitor student work for plagiarism and reserve the right to submit such work to technology-based plagiarism detection services and applications at any time.

Self-plagiarism means reusing work that you have already published or submitted for a class. It can involve:

- Resubmitting an entire paper
- Copying or paraphrasing passages from your previous work

Self-plagiarism misleads your readers by presenting previous work as completely new and original. Students may not submit the same paper in substance in two or more classes without prior written permission of the instructors involved.

Amberton University students who use Artificial Intelligence (AI) generated content must adhere to the following policies:

**Originality:** Students must avoid presenting Al generated content as their own original work. It is essential to acknowledge the involvement of Al in the content creation process in order to maintain academic and ethical standards.

**Paraphrasing:** When using Al generated content, students must rephrase and/or modify the generated text. Paraphrased Al generated content should also be properly cited.

**Acknowledgement:** When using Al generated content in any assignment, proper credit must be given to the Al system that generated the content. https://apastyle.apa.org/blog/how-to-cite-chatgpt

Students agree that by taking this course, all required assignments may be subject to submission for a textual similarity review to Turnitin.com for the detection of plagiarism and self-plagiarism. All submitted papers will be included as source documents in the Turnitin.com reference database solely for the purpose of detecting plagiarism in future papers. Use of Turnitin.com service is subject to the Usage Policy posted on the Turnitin.com website.

Turnitin is a writing improvement and plagiarism prevention tool which uses special algorithms, to compare text-based student submissions to the Turnitin database and other online sources. Turnitin produces a detailed **similarity report** that can be customized and viewed by instructors and students.

Turnitin "Draft Coach" is a Google based add-on to Turnitin which supports students in developing high-quality academic writing; and serves as an integrity coach. Draft Coach helps address errors and improve the quality of student's writing by highlighting grammar mistakes, identifying incorrectly cited sources, and scanning for similarity across several databases. By providing formative feedback on how to address citation issues, incorrect grammar, and matches with the Turnitin database, Draft Coach provides explanations to help students become more confident writers, capable of producing higher quality work both in academics and in the workplace.

# **COURSE DELIVERY METHODOLOGY:**

This course is offered as a Lecture/Classroom course. This course requires that students meet at a designated time in the classroom. Lectures, role plays, group presentations/work, reflective papers, etc. will be used as teaching tools and as course delivery methods.

## **COURSE OUTLINE AND CALENDAR:**

The course outline is the critical component of the course. It is in the outline that topics and learning resources are brought together. All assignments must be submitted by the due date listed for each assignment. No late assignments will be accepted. NO EXCEPTIONS.

This is a graduate level course. Graduate level work and professionalism will be expected at all times. By enrolling in and remaining in this course, you are indicating that you have read and accepted Dr. Springer's course requirements, guidelines for professional conduct, and have agreed to meet all deadlines.

Week	Topic	Assignment	Competencies	Due Date
			Covered	
1	Chapter 1: The	READ CHAPTERS 1-3	1-21	
	Counselor's Identity:	BEFORE CLASS		
	What, Who, and How?			
	Chapter 2: The			
	Counseling Profession's			
	Past, Present, and Future			
	Chapter 3: Ethics,			
	Accreditation,			
	Credentialing,			
	Multicultural Counseling			
	and the Standards			
	Associated with them			
2	Chapter 4: Individual	READ CHAPTER 4	1-21	(DUE WEEK 2)
	Approaches to	BEFORE CLASS		
	Counseling			

		PERSONAL BELIEF		All assignments will
		REFLECTION PAPER		be listed on the
		INLI LLOTION FAFER		Moodle page with
				the due dates.
3	Chapter 5: Counseling	READ CHAPTER 5	1-21	the due dates.
٥	Skills	BEFORE CLASS	1-21	
4		READ CHAPTERS 6-8	1-21	(MEEK 4)
4	Chapter 6: Couples and		1-21	(WEEK 4)
	Family Counseling,	BEFORE CLASS		All aggingments will
	Chapter 7: Group Work,	PROFESSIONAL		All assignments will be listed on the
	and			
	Chapter 8: Consultation	COUNSELOR		Moodle page with the due dates
5	and Supervision MIDTERM	INTERVIEW DUE		
3	MIDIERW	MIDTERM		MIDTERM
		RESEARCH TOPIC		
6	Chapter O. Develores and	APPROVAL	4.04	
6	Chapter 9: Development	READ CHAPTERS 9-11	1-21	
	Across the Lifespan,	BEFORE CLASS		
	Chapter 10: Abnormal			
	Development, Diagnosis,			
	and Psychopathology,			
	and Chapter 11: Career			
	Development: The Counselor and the World			
	of Work			
7		READ CHAPTERS 12-	1-21	/\/\EEK 7\
<b>'</b>	Chapter 12: Testing and	13 BEFORE CLASS	1-21	(WEEK 7)
	Assessment, and Chapter 13: Research and	13 DEFUNE CLASS		All assignments will
	Evaluation	COUNSELING		All assignments will be listed on the
	Evaluation	RESEARCH PAPER		
		DUE		Moodle page with the due dates
8	Chapter 14: Theory and	READ CHAPTERS 14-	1-21	ine due dates
U	Chapter 14. Theory and Concepts of Multicultural	15 BEFORE CLASS	1-21	
	Counseling, and Chapter	IN DELIVINE CEASS		
	15: Knowledge and Skills			
	of Multicultural			
	Counseling			
9	Wrap-Up	Wrap-Up		
	FINAL EXAM			
10	FINAL EXAM	FINAL EXAM		FINAL EXAM

# **GRADING CRITERIA:**

Personal Belief Statement Paper- 20 Points Interview with Professional Counselor- 20 Points Midterm- 20 Points Counseling Research Paper -20% Final Exam- 20%

Graduate 92 – 100 A 82 – 91 B 72 – 81 C 62 – 71 D Below 62 F

## **GRADE NOTIFICATION AND INSTRUCTOR FEEDBACK:**

Each assignment/exam submitted will be reviewed, graded, and returned to the student in a timely manner, along with appropriate commentary.

Final grades are processed approximately one week after the last day of the session and may be located in the My Grades section of the online registration portal as well as being emailed to the student's Amberton University email. Amberton University staff will not release grades over the phone. University instructors will not leave a message with comments or grades in any type of media that is not secure.

For questions regarding grades after the semester has ended, students should use their email account and contact the instructor at the faculty email address as provided above in *Professor Information* area.

# Incomplete Grades

An "I" (incomplete grade) is given at the discretion of the professor and may be given only when an emergency or illness prevents the student from completing course requirements. Should an "I" be granted, the student has 30 days from the end of the session to complete the conditions of the incomplete. An "I" which is not properly removed within 30 days following the session enrolled will become an "F" grade.

#### How to Withdraw From a Course

To be official, the class withdrawal must be in writing and signed by the student requesting the withdrawal; no withdrawal is accepted verbally. Please review the "Schedule of Classes" for procedures for class changes or withdrawals and the refund policy and schedule.

#### **COURSE COMMUNICATIONS:**

This course is offered as a lecture course; however, several technological options are available to faculty and students that can enhance communication both during the session and after the session has ended. The **Student Portal** is the gateway to email, Remote Research and General Tools. The Student Portal may be accessed through a link on the University's website, http://www.Amberton.edu, or at http://apps.Amberton.edu.

After selecting the "Student Portal" link, you will be prompted for a Username and Password. Use your assigned <u>username and password</u> (AUID) as described below:

Username = your capitalized firstname initial+lastname+last 3 digits of your SSN.

\* Use your name exactly as it is listed on the University's records, including any suffixes or hyphenations, such as Jr, Sr, or II, as a part of your username.

For example: James Jones, Jr. SSN: 123-45-6789

Username: JJonesJr789

Password = your Amberton University ID# (AUID) including the dashes

For example: 04-999-999

Once your login has been validated, you may select from a variety of menu options, including online course materials, email access, Remote Research, General Tools, all Syllabi, and Research Tutorials.

## **Email Communication**

Each student enrolled is assigned an Amberton email account, which gives the student access to the Amberton email system (my.Amberton.edu). This email account is provided by Google Apps for Education.

Students are encouraged to check their email regularly for University news, notices, and to communicate with instructors.

The student's assigned email address would be Username@my.Amberton.edu

Example: LJones-Smith789@my.Amberton.edu

The student Username is determined by:

firstname initial+lastname+last 3 digits of student ssn.

For example: Linda Jones-Smith SSN: 123-45-6789 Email Address = LJones-Smith789@my.Amberton.edu

Students will be prompted for a Username and Password when accessing their email account. Use the Username portion of the email address as the username (Example: LJones-Smith789) and your Amberton ID# (including the dashes) as the password.

If you already have a Google Gmail account, you might be prompted to add this account to your current settings. Click 'Yes' and you will be logged into your my. Amberton. edu email account. It will be a separate email account from your personal Gmail account.

If you need assistance with your email account, please visit https://support.google.com/mail

# (Lecture Faculty utilizing the Moodle system must use the below paragraph, otherwise delete this section entirely.)

# The Amberton University Moodle Website

Students enrolled in this course will also be using the Moodle Learning Platform, with access available through the Student Portal or by going to: http://moodle.Amberton.edu

For those utilizing Moodle for the first time, the <u>username and password</u> for the Moodle Learning Platform will be emailed to the student's email account prior to the start of the course. For those returning to Moodle who do not remember their username and password, click on the link "Forgotten your username or password" available on the Moodle log in page (http://moodle.Amberton.edu). Otherwise use the same username and password as previous session.

## **Moodle Tutorial:**

Upon successful log in and access to the Moodle learning platform, there is a *Student Moodle Tutorials* course available, to learn about the basics of Moodle. Simply click on the link for the *Student Moodle Tutorials* and read through the various learning topics: Navigating; Communicating; Assignments & Exams; Grades; and Student Resources.

# **INSTRUCTOR/COURSE EVALUATION:**

Each session, all Amberton students are requested to evaluate their courses. The evaluation process is an important one and provides students with an anonymous and confidential way to give meaningful feedback to the University. Summary information and comments are provided to faculty after the close of the session. Students' identities are not disclosed.

Students will be notified through the Amberton email system of the Course Evaluation procedures. Usually, the evaluations take place in class during week 9 of the session. Please take advantage of this opportunity and participate in the evaluation process.

## **RESEARCH RESOURCES:**

The Library provides access to full-text, and peer reviewed articles, and digital research tools. Students can search Library holdings through the online catalog and databases search engines available on the Library website or browse the physical library space and holdings located at the Garland campus.

Research items not contained in the Amberton Library collection can be located through interlibrary Loan (ILL) or through the TexShare program with the help of the Library staff. Students with questions about available services, resources, or research, may contact the Library via email at <a href="mailto:Library@amberton.edu">Library@amberton.edu</a>.

## **RESEARCH ACCESS:**

Databases can only be accessed by authorized users, and students at Amberton must enter their Amberton ID credentials-same as Moodle login-to gain access when off-campus. Use an Amberton website, such as the University site (<u>Amberton.edu</u>) or the library site (<u>Library.amberton.edu</u>) to find links to databased and digital books. Online resources are available all day, every day.

# **Library Live Chat Feature**

Library staff are available to assist students with research problems or questions during Library hours through a live online chat feature, telephone, email, "How-to" videos, or in person. The library telephone is (972-279-6511 ext. 185. You can email questions to <a href="mailto:library@amberton.edu">library@amberton.edu</a> or visit the library in person on the Garland campus for assistance.